

## Fit, Fine & Fabulous in Career, Business & Life

Dr. Laureen Wishom



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\* Do you need to make changes in your career, business or life?

\* Would you like to become a better leader, build a solid brand, reach new markets, uplevel your career and stand out from the competition?

\* Would you like to have blueprints, assessments and step-by-step formulas to achieve a true breakthrough and take it to a whole **new** level?

This book is a fresh approach to the process for attaining a fantastic professional career, rapid business growth, a healthy lifestyle and a richly textured life by your own design.

Learn how the method to **R**e-Imagine, **R**e-Invent and **R**e-Emerge can take you from just being average to becoming great, from functioning in an ordinary way to being perceived as extraordinary and from always performing at meets expectations to mastering stellar performance.

Gain knowledge on how those small daily choices can renew your life, help you find your personal inspiration, provide opportunities to rediscover your motivation and support you in realizing your ultimate potential.

You will discover how to:

- \* Stay motivated, focused and balanced.
- \* Take daily action that creates a life-altering ripple effect.
- \* Set intentions and stick with them.
- \* Celebrate your who (uniqueness) and why (purpose).
- \* Make the radical decisions to change every area of your life.

Walk away with the right attitude + the right plan + the right desire for an Extra-Ordinary new YOU!

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