



# Warm Disease Theory: Wen Bing Xue

*Jian-Min Wen*

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## **Warm Disease Theory: Wen Bing Xue** Jian-Min Wen

"The Wen Bing" (Warm Disease) is one of four great classics of Chinese Medicine (one of the others being the "Shang Han Lun") which all serious students of Chinese Medicine are required to study. Translated into English for the first time, this classic text undertakes a comprehensive discussion of the foundations of warm disease theory and the clinical treatment of warm diseases. It is divided into two sections. The first introduces all the basic information about warm disease, including its history, disease causes, pattern identification and general diagnostic and treatment methods. The second section devotes a separate chapter to each of the different warm diseases. It deals with the disease factors, clinical manifestations, pulses and treatments in the warm diseases of the four seasons. It includes wind warmth, spring warmth, summerheat warmth, damp warmth, latent summerheat warmth, autumn dryness and warm toxins. In each of these warm diseases the disease concepts, etiologies, pathologies, main points of diagnosis and treatment policies are discussed first. It then goes on to explain the patterns and treatments of their characteristic disease transformations. A valuable source of theoretical and therapeutic information.

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