



Awakening in the Now: Accessing the Transformational Power of "Space Consciousness"

Eckhart Tolle

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The Key to Freedom for the "Thought-Possessed"

It's easy to let anxious thoughts of scarcity and judgment rule the day. Eckhart Tolle brings us liberating news: our greatest relief can be found in the present moment. On *Awakening in the Now*, Eckhart offers teachings to help you transcend the compulsive thinking that keeps us from creating a better world. This illuminating audio session will deepen your experience of what Eckhart calls "space consciousness," as you explore:

- Bringing a relaxed vigilance to your inner state in order to embrace emotions with compassionate awareness
- Finding freedom from the ego and the conditioned mind, which create illusions of need
- How to align with the Now—the ultimate container of the many "forms that come and go"
- Awakening to the essence of yourself and others—the timeless truth of existence itself

"Looking for your identity in the past or for fulfillment in the future is madness," explains Eckhart Tolle. "If you want sanity, then the focus of your life must be the present moment." *Awakening in the Now* is your opportunity to begin a life without struggle, where the joy of being pervades your actions, and "a blessing lives through you."

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Adam McGrath:

Why? Because this Awakening in the Now: Accessing the Transformational Power of "Space Consciousness" is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will jolt you with the secret the idea inside. Reading this book close to it was fantastic author who all write the book in such incredible way makes the content inside of easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of positive aspects than the other book include such as help improving your proficiency and your critical thinking technique. So , still want to hold up having that book? If I have been you I will go to the publication store hurriedly.

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