



# The Ultimate Guide to Permaculture (The Ultimate Guides)

Nicole Faires

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Permaculture is an important but often misunderstood method of growing food and building homes in a manner that works *with* nature, rather than against it, to create beautiful, healthy, and useful gardens. Blending ecology, organic agriculture, green home design, appropriate technology, and biology can be confusing and overwhelming, but *The Ultimate Guide to Permaculture* simplifies this vast field for practical application. This is a hands-on guide, taking the beginner through each step of the design process, so that anyone can apply permaculture principles to their own life. While the principles are simple, the in-depth topics cover every aspect of permaculture, including:

- Building green homes and passive solar design
- Growing edible plant communities and forest gardens
- Using no-till and natural farming methods
- Creating microclimates for extended growing seasons
- Raising livestock with ecological foraging techniques

This is a common-sense approach to sustainable living that creates a self-sufficient and low-effort home for the people that live there, whether in the city or the country. *The Ultimate Guide to Permaculture* isn't a philosophy book, or a dissertation on theory. It is a step-by-step, complete guide to every aspect of permaculture.



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