



Who Left the Cork Out of My Lunch? Middle Age, Modern Marriage & Other Complicat

Vikki Claflin

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Are you a woman who has ever looked in the mirror and thought, “How did my mother get in my bathroom?” Have you gone through years of night sweats and seismic mood swings, leaving you with a metabolism that forces you to choose between wine and carbs (so you haven’t had a bagel in eight years)? Did you wake up one morning in someone else’s body? Then you will love this book. If you ever made a regrettable hairstyle choice, finally conceded that thongs make you look like a Weeble in dental floss, or wished your Hubs would learn that grabbing your boobs every time you walk past him with a load of laundry is not foreplay, then you will love this book. Who Left the Cork out of My Lunch? is chock-full of funny, informative how-to lists, hilarious advice columns, and sharp personal anecdotes that cover subjects from menopause (are we done yet?), empty nest syndrome (sob!), and grandchildren (yay!), to sex (better after fifty), marriage (he said what?), age-appropriate fashion (what does that mean?), cosmetic intervention (to Botox or not to Botox?), diet fails (#972), beauty tips from Mom (still true), and confidence (fabulous after fifty). Laugh along with author Vikki Claflin and her amusing advice on how to let go of our youth and start rocking our middle age. Are you ready?

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