



Adventures in Prayer: Praying Your Way to a God You Can Trust

Sharon Connors

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This book is about creating a better life through prayer. Sharon Connors tested the power of prayer over and over as she grew from a frightened, impoverished, but determined single mother of two children to a senior minister who has brought the gift of prayer to thousands. The people she works with ask basic questions like: How should I pray? What if I'm afraid of God or angry at God? How do I know prayer is working? Is it all right to pray for myself and for specific things I want? How can I build my faith? This step-by-step guide provides honest, practical answers--and the inspiration to act on them.

Sharon Connors teaches prayer as a learnable technique that improves with daily practice. She interweaves basic principles with moving personal stories from her own life and those she has served, and offers dozens of original prayers and affirmations that address readers' most urgent needs. Building on the conviction that the human mind is a powerful creative force designed to communicate with God, she first shows how to focus the power of mind in prayer. In each chapter that follows, she describes how to use prayer in specific circumstances, including:

Healing broken relationships
Seeking guidance in times of confusion
Transforming the fear of change and mastering life's storms
Building prosperity
Learning to forgive
Finding your purpose in life

The final chapter, "Creating Miracles," teaches the "four ways of gratitude," which have the greatest power to turn around our lives.

Reverend Connors has explored a wide range of prayer and healing approaches from many spiritual traditions, and these diverse practices are reflected in her book.

From the Hardcover edition.



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From reader reviews:

Cynthia Medina:

Spent a free time for you to be fun activity to do! A lot of people spent their sparetime with their family, or all their friends. Usually they doing activity like watching television, about to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Could possibly be reading a book can be option to fill your cost-free time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try out look for book, may be the e-book untitled Adventures in Prayer: Praying Your Way to a God You Can Trust can be great book to read. May be it could be best activity to you.

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