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Lorraine

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This book is dedicated to the millions of people whom are plagued with strongholds of negative (toxic) thoughts. Negative thoughts can create the worst behaviors and devastating situations. This is a practical thought guide to assist millions in overcoming the reign of unwanted Negative thoughts. You will learn ways to naturally transform a Negative (Toxic) thought into a Positive (Freedom) thought, empowering your mind to create the Life of their Dreams.

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