

# The Medical Marijuana Patients' Guide: How to Use Medicinal Marijuana as a Holistic Medicine to Treat, Prevent, Cure Disease and Manage Your Symptoms

Brian Stone

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#### HOW CAN MARIJUANA HELP THE ONES WE LOVE WHO SUFFER FROM DISEASE?

In this book you will discover the secret health benefits of a plant that the majority of our population refuses to accept. It will take you through the history of marijuana and the impact it has made throughout the world as far back as history was first ever recorded. You will learn the politics that have kept it as an illegal substance and how recent studies have proven the positive effects it can have on sustainability and our health. You will also learn the many uses that have been developed over the years such as medicine, clothing, paper, construction material and even food.

There are many uses for cannabis, but the most positive of them all is the use of it as treatment for the diseases millions suffer from daily. The book will explain the structure of the plant on a molecular level and the different components it possesses. These individual therapeutic components, such as cannabinoids, tetrahydrocannabivarin (THC), cannabinol (CBN), cannabidiol (CBD), and cannabigerol (CBG), are described and what each can do in easing and even curing disease. Also mentioned are the many different ways of ingesting, where you can purchase legally, and what to be aware of when choosing. The many different strains of cannabis, such as indica, sativa, and hybrids, are explained and what they can do for each specific disease.

#### WHAT DISEASES AND SYMPTOMS CAN CANNABIS HAVE A POSITIVE IMPACT ON?

- Cancer
- Multiple Sclerosis (MS)
- HIV/AIDS
- Glaucoma
- Insomnia
- Fibromyalgia
- Arthritis
- Chronic Pain
- Headaches
- Muscle Spasms
- Loss of Appetite
- Anxiety
- Depression

By purchasing this book you will be able to share your knowledge with people who are affected with these diseases and give them the education they need to know. By understanding how positive the cannabis plant is, one will be able to open up and spread the word rather than believe the negative media that is portrayed. You will no longer be skeptical about trying it, nor will you be afraid in letting others know how great it really is and what freedom it can bring!

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