



Clear Skin Solution: A Simple Easy-to-Follow Method to Cure YOUR Acne Once and For All

Dmitry Gusev

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You can have the clear skin you long for.

Have you tried—and tossed out—more acne ‘solutions’ than you can remember? Are you losing hope that anything will rid you of pimples, blemishes, and blackheads?

Before you avoid looking in another mirror, read this!

You’ve tried it all – lotions, potions, salves, and scrubs. You’ve slathered, daubed, rinsed, and patted the contents of dozens of tubes and bottles on your skin... trying desperately to eradicate the terrible acne that mars your appearance. Mostly, these products don’t work at all. Even worse, sometimes, they do. For a little while. Your skin clears up for a few days—raising your hopes that you’ve finally found a cure for your acne—only the red spots, blackheads, blemishes, and pimples come back. Sometimes, worse than before. But you still get hooked by convincing ads and believable testimonials. Surely, this is the answer to your skin problems. No matter how many products you’ve tried that haven’t worked, your hopes start to rise again. Then, inevitably, they drop like a boulder falling off a cliff. Bins of discarded products later, your skin is still a mess. And, if you’re like I was just a few short years ago, so are your spirits.

I suffered from terrible acne, too. I hated to look in the mirror. I hated it when other people looked at me, because I knew they were seeing my acne—and not me. In short, I was miserable. I tried so many different—and useless—products that I believed I’d have to live with skin I hated for the rest of my life. Hopeless doesn’t even begin to describe my state of mind. I felt depressed and desperate. But my life is a whole different story now. My acne is gone. I have more energy, more enjoyment of life, than I ever could have imagined back when I was avoiding mirrors and eye contact.

Let me tell you when life started to change for me.

This was back in 2004. I hung out a lot in acne support forums. You know, there’s nobody who understands how acne can ruin your life like another acne sufferer. One of the forums I hung out in was for Russian people with acne; I was born in Russia, and, although I’ve lived in the States for 11 years, I still speak and read fluent Russian.

One young woman on that forum stood out from the others because of her very dark posts. Her screen name was Ugly_Elza, which also happens to be the name of a Russian emo song. Ugly_Elza had terrible, awful acne—and she was ready to throw in the towel. She had no social life and no friends; she was still a virgin at 27. She dropped out of college and then quit a promising job—because of her acne. You see, she had very low self-esteem and she avoided any social interactions.

Then Ugly_Elza disappeared. She just vanished. I had her email address because we’d talked outside of the forum, and I sent her message after message. She didn’t reply to any of them.

A few months later, out of the blue, Elza sent me a message. Her acne was cured.

Elza, gave me the name of the doctor in Moscow who'd helped her. And she wasn't the only one. It turned out that thousands and thousands of Russians have gotten rid of their acne for good the same way. That was the moment when I knew I could cure my acne.

A few months after that I traveled to Russia. While I was there, I saw the doctor that Elza recommended. He introduced me to a completely different view about what causes acne and how to get rid of it. This approach wasn't limited to just Western medicine—the same approach that's behind all those potions and lotions, scrubs and salves. It drew on the best knowledge about skin care and acne cures from Western scientists—and from Eastern practitioners.

The best—the very best—of two different worlds.

The results?

I'm now totally acne-free.

Clear Skin Solution is a description of the holistic approach that worked for me. Read this book, follow the steps outlined in it, and enjoy the acne-free life you deserve!

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