

Reconnect with Your Intelligent and Classy Inner Self Through Art: A step-by-step demo to painting an Impressionist style self portrait in three hours ... with Your Inner Self Through Art) (Volume 1)

Lucy Chen

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Practice seeing yourself deeply. Reconnect with your inner self through self portraiture painting. • Learn to observe yourself through a mirror. Be vulnerable, brave and reconnect with you; • Explore the beauty of Impressionistic portraiture; • Learn to mix skin tones with a limited palette; • Follow the step-by-step illustrated guide to paint yourself into art; • Get comfortable with loose brush strokes and get the creative juice flowing. Grab some paint and brushes. Create and celebrate YOU!



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