



Be Your Own Shaman: Heal Yourself and Others with 21st-Century Energy Medicine

Deborah King

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This fascinating book takes you on a one-of-a-kind journey into the esoteric world of healing. You might not realize it, but just about *everyone* is a natural-born healer! In fact, you probably already have some of the paranormal abilities related to this gift. For example, you may know who's calling before you answer the phone, or be able to sense what others are thinking or feeling. But you can *further* develop your inner talents and *become your own shaman*, capable of healing whatever ails you and effecting change in someone else's energy field and body.

In Master Healer **Deborah King's** uniquely informative work, you will learn both Eastern and Western concepts and techniques from the earliest recorded healing practices some 5,000 years ago all the way up to modern times with John of God in Brazil and King's own powerful cutting-edge approach. You'll find out how to protect yourself from psychic attack, and how to get beyond any limiting beliefs you may hold. Self-knowledge leading to self-mastery is the ultimate quest, the pivotal adventure of a lifetime. Become the person you always knew you could be by taking this magical tour into the heart of healing!

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