



# The Vanity Diet: Destroying The Weightrix

*Greg Kelly*

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## **The Vanity Diet: Destroying The Weightrix** Greg Kelly

Have you ever wondered why you can't stick to any diet on a regular basis, or why America is now the fattest nation in the history of civilization? If so, you are not alone. It is all by design. The Vanity Diet is a novel tracking the life of Cyborg Burns, a Las Vegas fitness guru with radical ideas about diet and exercise.

Despite completing several life changing transformations, Cyborg watches his clients sucked back into their old eating habits by a mind-numbing force he soon comes to know as The Weightrix. Along the way, Cyborg finds himself facing the challenges of failed relationships, health issues, and financial ruin. In the end, not only can Cyborg see The Weightrix clearly, he makes the startling revelation that consciousness, as opposed to diet and exercise, is the only solution to the problem. Written in the form of a koan, The Vanity Diet is a witty, dark and introspective novel of one man's search for the truth about diets, himself, and life in general.

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#### Elizabeth Daugherty:

A lot of people always spent their very own free time to vacation or go to the outside with them family members or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you want to try to find a new activity honestly, that is look different you can read the book. It is really fun for yourself. If you enjoy the book which you read you can spent 24 hours a day to reading a e-book. The book The Vanity Diet: Destroying The Weightrix it doesn't matter what good to read. There are a lot of people who recommended this book. These were enjoying reading this book. In the event you did not have enough space to develop this book you can buy often the e-book. You can m0ore easily to read this book through your smart phone. The price is not too expensive but this book offers high quality.

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