



# Hope Beyond Hell: A Recovering Compulsive Eater's Journey

*Jeffrey Nix*

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## **Hope Beyond Hell: A Recovering Compulsive Eater's Journey** Jeffrey Nix

In a matter-of-fact style, the author takes you into the mindset of a compulsive eater.

Experience the disparity, the anger, the utter hopelessness felt during the stages of pre-recovery. Celebrate the victory and success of conquering this life-threatening illness. Discover how the author, with the help of God, found inner peace to aid his recovery from compulsive eating.

If you or someone you know has struggled with this or a like eating disorder, Hope Beyond Hell: A Recovering Compulsive Eater's Journey is an inspiring, must-read account of one man's journey to recovery.

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